

# Acts of Kindness Paper Chain

Activities by Everyday  Speech

The Kindness Paper Chain activity is a simple and fun craft for your students to visually keep track of the acts of kindness that they do throughout the days.

Cut a strip out as you complete the act of kindness written on it. Add the strip to your Kindness Chain to make it longer day by day!



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**Bake cookies for your family**

Tape/glue the  
other end here

**Help fold the laundry**

Tape/glue the  
other end here

**Make a thank you letter for dad**

Tape/glue the  
other end here

**Write an encouraging poem for mom**

Tape/glue the  
other end here

**Send a funny selfie to your grandparents**

Tape/glue the  
other end here

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**Offer compliments to family members**

Tape/glue the  
other end here

**Donate something you have to a charity**

Tape/glue the  
other end here

**Do a sibling's chore without them asking**

Tape/glue the  
other end here

**Take the day to not complain**

Tape/glue the  
other end here

**Make a family member breakfast in bed**

Tape/glue the  
other end here

Cut a strip out as you complete **YOUR OWN** written acts of kindness.  
Add the strip to your Kindness Chain to make it longer day by day.

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| Tape/glue the other end here | Tape/glue the other end here | Tape/glue the other end here | Tape/glue the other end here | Tape/glue the other end here |

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